

HEALTHY MANAGEMENT DIABETES EDUCATION

Helping Others To Improve Their Quality of Life Through Diabetes Education



**Kaishawn, RN, BSN, CDE
President/CEO
Certified Diabetes Educator**

Kaishawn was inspired to develop a non-profit 501c3 organization Healthy Management Diabetes Education out of the need from the community in November 2004. Kaishawn has been a healthcare professional since 1990. She has served 12 years in the US. Navy, specializing in Diabetes for the past five years.

Healthy Management Diabetes Education (HMDE) is a grass roots project developed to provide free diabetes education to the community. Kaishawn has made it her mission to increase diabetes awareness and to promote/improve health, healing and wellness. She realizes that education is not readily available and desires to educate those who may not have the opportunity to receive the assistance elsewhere. She knows that education is the key to living a healthy, manageable life with diabetes.

Kaishawn established HMDE with the help of grants, donations and partnerships from local companies and community members. She has successfully organized support groups, diabetes management classes, health fairs and over six Diabetes Wellness Symposiums in the Temecula/Murrieta area that brought together a panel of healthcare professionals. The panel has included: Joyce Berenson, Dietitian, Dr. Katherine Noeller Podiatrist, Dr. Lobue, Ophthalmologist, Mr. Backlund, Podiatrist, Dr. Varma, Endocrinologist, Dr. Timothy Bailey, Endocrinologist, Dr. Amy Bui, Endocrinologist and more. With the help of all the healthcare professionals that have volunteered their time to educate the community, we have provided people at risk and living with diabetes with resources and diabetes management skills. So far Kaishawn has educated over 3500 people via group classes, seminars, phone consultations and symposiums. "It fills my heart with joy to be able to help people live healthier lives," says Kaishawn.

Her passion and commitment is evident when attending any of her classes or special events. She continues to carry out her mission and requires your support through donations and grants to build and grow Healthy Management Diabetes Education. Along with Healthy Management's Board of Directors, Kaishawn continues to develop ways to increase funding for this very important cause.

If you would like to support Healthy Management Diabetes Education (EIN 43-2068059) or just want more information, please call (951) 660-5547. You can make a donation online or mail to our office. Payable to:

Healthy Management Diabetes Education, 40335 Winchester Rd. E240, Temecula, CA 92591