

FREE DIABETES EDUCATION

DIABETES PROGRAM 2010

(English / Spanish Combination Classes)



This is another project
funded by
The Foundation For
Community
and Family Health

Class 1—Learn how to manage diabetes ~ The Game Plan

Class 2—Learn about meal planning, meter training and more

Class 3—Learn about medications, diabetes complications and more

Class 4—Learn how to problem solve ~ Adjusting and living with diabetes

Classes don't have to be taken in sequence!

	<u>Class 1</u>	<u>Class 2</u>	<u>Class 3</u>	<u>Class 4</u>	<u>Time</u>
Session 4	June 7	June 21	July 5	July 19	10:30-2:00pm
Session 5	August 9	August 23	August 30	Cancelled	4:30-8:00pm

Support Group Classes

Cancelled

All Classes are on Mondays

Classes are held at the Corona Regional Medical Center
Conference Center located on the corner of 9th and Belle

Reservations
Are Required!
Reserve Your Seat Today

(951)
963-7134

Clases en español
(951) 660-5548
Espacio limitado,
Reservación requerida



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